

Appendix B: Professional Development Resources

This summary includes professional development resources identified by the respondent including any resources outside of respondents' agency and/or contact for materials information.

Local Presentations

- In-service trainings
- Provided by or arranged by local coalitions and networks
- Community Prevention Wellness Initiative (CPWI)
- United Way
- Book studies
- Higher Education
- Books and articles
- Kody Russell
- Kristi Sharpe
- Angie Titus

State or Regional Level Education Opportunities

- [WA State Coalition Against Domestic Violence](#) (ACEs within Domestic Violence Impact Panel)
- [Regional Early Learning Coalitions](#)
- [Foundation for Healthy Generations – NEAR Training](#)
- [Educational Service Districts \(ESDs\)](#)
- DSHS Economic Services Administration Community Services Division Headquarters staff member provides ACEs/NEAR training for Community Services Offices
- [Casey Family Foundation](#)
- Harborview
- University of Washington, [Evidence Based Practice Institute \(UW/EBPI\)](#)
- University of Washington, Tacoma [Community Nursing Course](#)

Department of Early Learning

- [Strengthening Families Washington](#)
- [Training Library](#)
- [Resource Gallery](#)
- [Online Module](#) on Executive Functioning
- [Online Module](#) on Brain Development

National Resources

- [The Center on the Developing Child at Harvard University](#)
- [PAXIS Institute](#)
- Substance Abuse and Mental Health Services Administration (SAMHSA) [GAINS Center for Behavioral Health and Justice Transformation](#)

Websites & Online Training

- [Child Trends](#)
- [ACE Study](#): Centers for Disease control and Prevention
- [Resilience Trumps ACEs](#) (Walla Walla)
- [Trauma Stewardship](#)

- [SAMHSA Gains Center](#) training on trauma-informed care (4 hours of training for providers/case managers)
- [Responding to Adverse Childhood Experiences \(ACE\) Across the Lifespan](#) – Presenter Heather Larkin, PhD, University of Albany, School of Social Work, 12 Self-study course, complete at your own pace – free
- Wisconsin Department of Health Services – [Trauma-Informed Care Webcasts](#)
- National Child Traumatic Stress Network (NCTSN) [Resources](#)
- [Adverse Childhood Experiences: Connecting a Developmental Lens to the Health of Society](#) – Robert Anda, MD, 2011 (55 minutes)
- [Alberta Family Wellness Initiative](#)
- [ACEs Too High](#)

Toolkits

- Child Welfare Trauma Training
- NEAR@Home Toolkit (Home Visiting)
- [Self-Care Starter Kit](#), School of Social Work, University of Buffalo
- [Relaxation Toolkit](#), Navy and Marine Corps Public Health Center
- [1-2-3 CARE: A Trauma-Sensitive Toolkit for Caregivers of Children](#), Spokane Regional Health District
- Trauma [Toolbox](#) for Primary Care, American Academy of Pediatrics (AAP)

Early Learning, Home Visiting, and Childcare

- [NEAR@Home Toolkit: A Guided Process to Talk about Trauma and Resilience in Home Visiting](#)
- [Nurse-Family Partnership](#)
- [Ready! for K Curriculum](#) – social emotional component
- [The Incredible Years](#)
- [Strengthening Families Five Protective Factors](#) (Center for the Study of Social Policy)
- [1-2-3 CARE: A Trauma-Sensitive Toolkit for Caregivers of Children](#), Spokane Regional Health District
- [STARS Child Care Basics](#)
- [STARS training through Penn State](#)
- [First 5 Fundamentals Regional Early Learning Coalition \(Pierce County\)](#)

Schools/School Age Children and Youth (ages 5-18 years)

- [Communities in Schools](#)
- [Conscious Discipline](#)
- [Graduation, Reality, and Dual-Role Skills \(GRADS\)](#)
- [Jobs for Washington’s Graduates \(JWG\)](#)
- [Positive Behavioral Interventions & Support \(PBIS\)](#)
- Compassionate Schools – *The Heart of Teaching : Compassion, Resiliency and Academic Success* (book available for free download) Ron Hertel
- [Life Skills/Life Skills for Middle School](#)
- Evidence Based Kernels
- [Guiding Good Choices](#)
- [PAX Good Behavior Game](#)
- [Tacoma Whole Child Initiative, Tacoma School District](#)
- [Strengthening Families \(6-11 year olds\)](#)

- [University of Washington-Tacoma – Center for Strong Schools](#)
- [Sound Discipline](#)
- Strive

Child Welfare

- Child Welfare Trauma Training
- Mental Health – Critical Aspects to Permanency and Well-Being
- Early Childhood Development – Casey Curriculum

Behavioral Health Treatment (Mental Health and Substance Abuse)

- Rising Strong (Substance Abuse treatment)
- SAMHSA Gains Center training on trauma-informed care (4 hours of training for providers/case managers)

Primary Care

- [Oregon START \(Screening Tools and Referral Training\) ACEs/Trauma Informed Care Module](#) - Includes information about when the training will be offered, how to schedule training and resources and tools.
- Trauma [Toolbox](#) for Primary Care, American Academy of Pediatrics (AAP)

Other

- [Families Moving Forward](#)
- [Resiliency in Action](#) – Nan Henderson
- [Paper Tigers – Film](#)
- [Resilience – Film](#)
- [Resilience Cards](#) (available through Resilience Trumps ACEs)
- [Motivational Interviewing – Jonnae Tilman](#)
- [Mary Foltz – Resilience Training, Self-Care](#)
- [ALICE \(Asset Limited, Income Constrained, Employed\)](#) report – statistics
- Pacific Northwest Report (Idaho, Oregon and Washington) – [Study of Financial Hardship](#)
- [ACE Interface](#) – Laura Porter and Dr. Robert Anda
- Poverty simulations
- CPWI - <http://www.theathenaforum.org/>
 - Prevention Learning Community
 - Best Practice Guides – Substance Abuse Prevention and Mental Health Promotion, Washington Partners for Healthy Communities, Prevention Tools: What works, what doesn't
 - Prevention Learning Library