

We will begin at 8:30

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**Foundation** 



# Welcome from the Washington Fatherhood Council Director

Anne Stone MA, MPA







## Announcements for May 24, 2022



- We will be in the same ZOOM room for all three days.
- Someone will be in the main room all the time.
- We will be wrapping up today at 1:00.

4th Annual Washington Fatherhood Summit "Strengthening Fathers, Communities and Washington"



# Welcome! Secretary Ross Hunter Department of Children, Youth and Families





## An Intentional & Inclusive Fatherhood Culture, Decreasing Bias and Stigma

Alan-Michael S. Graves Ed D
Senior Director of Teaching, Capacity
Building and Systems Change
Good Plus Foundation





#### Good+Foundation

"An Intentional & Inclusive Fatherhood Culture, Decreasing Bias and Stigma"

## Washington State Fatherhood Summit

May 24, 2022

## DEI can't be the flavor of the month!

# Intentional and Unapologetic

## The work requires a change of your lens.





- Safety Lens
- Cultural Lens
- Trauma Informed Lens

## Reasons Fathers are not Involved

- Poor Self-Esteem
- Intergenerational Component
- Social and Psychological Isolation
- Stress Component
- Trauma

## Why address trauma?

If untreated, trauma can continue to affect fathers' ability to regulate emotions, maintain physical and mental health, engage in relationship, parent effectively and maintain family stability.

## **BIASES**



- We all have them (Acknowledge it!)
- They can have a extremely negative affect

## **Benefits**

Improved Child Outcomes

- Reduced out of home placements
- Decreased recidivism
- Increased protective factors for children
- Reduced Trauma

## **Barriers**

 Ineffective identification and location of Father

Gatekeeping by mothers

Stereotypes about fathers

Language /Messaging

### **Alan-Michael Graves**

**Good+Foundation** 

Senior Director, Teaching and Capacity Building

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## Good+Foundation

## Table Group Community Discussions

- 1. Did you hear things that in this talk that inspired you or concerned you?
- 2. How do our personal experiences affect how we father or work with fathers?
- 3. What ideas do you have around removing some of the barriers that fathers face in family serving organizations or their workplace?









If you would like to be added to a Table Group let us know in the chat.



# We know: Involved loving Fathers make a difference in child and family outcomes across the child's development.





## Dadication: Harold

Fatherhood.gov



Break 10:30 – 10:40

## Fatherhood Photo Contest Entries

You can help us choose the winners by voting for your favorite photo in each (link provided in the Zoom Chat)



## Most dads are not violent. What if they are?

Dr. Juan Carlos Areán

Program Director
Children & Youth Program at Futures Without Violence Boston MA







## MOST DADS ARE NOT VIOLENT. WHAT IF THEY ARE?

Juan Carlos Areán, Ph.D. Futures Without Violence



## Session Objectives

By the end of this session, you will be better able to:

- 1. Identify approaches that fatherhood programs can take to help prevent and address intimate partner violence (IPV) among fathers;
- 2. Discuss challenges, successes, and promising practices in fatherhood programs providing IPV-related services;
- 3. Utilize parenthood as a strategy to engage fathers and motivate them to change positively.



### Idea Generation

Abusive fathers are...



## Background on Domestic Violence

- Domestic Violence (DV) is prevalent
  - 1 in 4 women
  - 1 in 10 men
- Long-lasting consequences
  - However, some survivors are resilient

(Bair-Merritt, et al., 2006; National Center for Injury Prevention and Control, 2017)

## Background on Domestic Violence

- Men are often the ones who use violence, particularly in cases of severe violence leading to injury. However, the issue is complex
  - Men can also be survivors of DV
  - Men who use violence have often survived child abuse or exposure to DV as a child

(Askeland, et al., 2011; Berzenski & Yates, 2010; Breiding, et al., 2011; Breiding, et al., 2014; Catalano, et al., 2009; Cooper & Smith, 2012)

## The Role of Fatherhood Programs

 Fatherhood Programs are in a position to provide DVrelated services to men (or connect men to these services)

• It is important to note that most fathers served by fatherhood programs have never used or survived violence in their own intimate relationships



## PAIVED Study Objective

The Preventing and Addressing Intimate Violence when Engaging Dads (PAIVED) project aims to identify approaches that fatherhood programs take or could take to help prevent and address IPV among fathers.



### Exercise

## Fears and Hopes about Working with Fathers who use DV



## Findings: Challenges and Successes

## Challenges

- Fathers need integrated services to effectively address multiple issues they face, including DV
- There is a need for free and accessible services for those who use DV
- Fathers resist identifying as users or survivors of DV
- Initial screenings were not perceived to be effective in identifying DV



#### Successes

- Fathers resist DV education at first, but respond positively in the end
- The importance of a space for men to talk about DV
- Mutual respect and appreciation facilitate partnerships;
   availability and openness are essential for collaboration
- Focusing on fathers is essential to addressing DV
- Children were a motivating factor

## PAIVED Resources

#### **Healing and Supporting Fathers**

Principles, Practices, and Resources for Fatherhood Programs to Help Address and Prevent Domestic Violence







#### PAIVED Resources

#### Sections include:

- Principles and Practices for Addressing and Preventing Domestic Violence in Fatherhood Programs
- Ten Ways to Engage Fathers in Addressing Domestic Violence
- Teachable Moments
- Six Ways Fatherhood Programs Can Successfully Partner with Domestic Violence Programs and Battering Intervention Programs
- Resource List

### Ten Ways to Engage Fathers

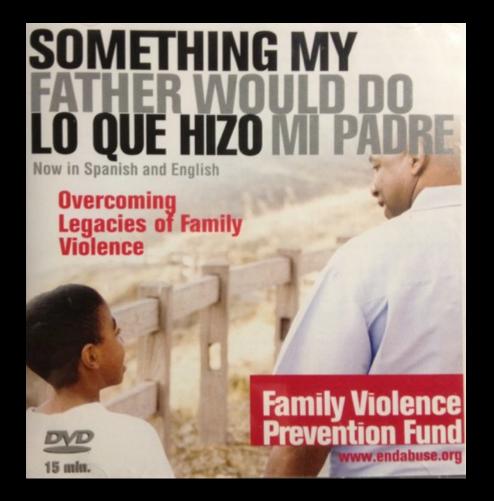
- Create safe, non-shaming spaces for fathers
- Develop ongoing opportunities for fathers to disclose DV perpetration and victimization, including one- on-one meetings
- Use non-stigmatizing language to describe people who have experienced or used violence in relationships during education and other services
- Provide universal information about the consequences of violence for children
- Use relatable, relevant examples

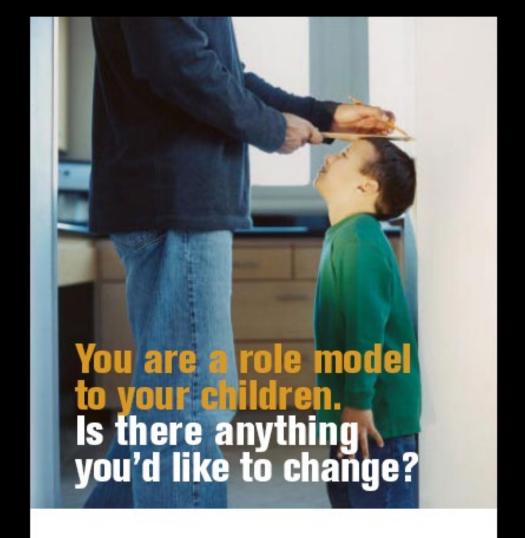
#### Ten Ways to Engage Fathers

- Create connections between practitioners and fathers by participating in educational activities and sharing relevant personal experiences
- Connect fathers with battering intervention programs (BIPs) and DV services when appropriate
- Create safe and welcoming spaces and services for fathers
- Use motivational interviewing strategies
- Use teachable moments

#### **Other FUTURES Resources**



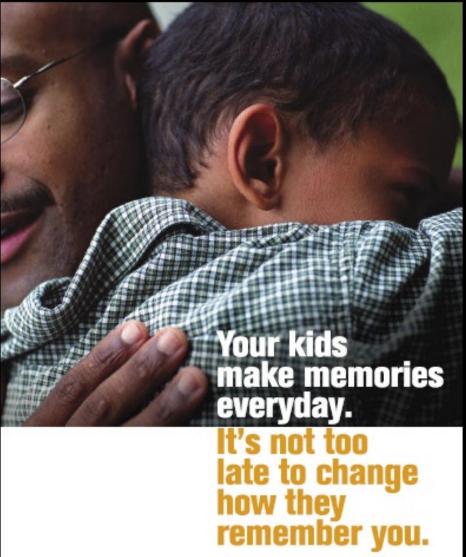




Violence against women hurts everybody, including your kids. Children don't forget the violence they see or hear. Stop your abuse now and start changing the way they'll remember you. It's up to you.

www.endabuse.org

Family Violence Prevention Fund



Violence against women hurts everybody, including your kids. Children don't forget the violence they see or hear but they can create new, different memories of you in the future. How they remember you is up to you.

www.endabuse.org

Family Violence Prevention Fund



#### ¿Hay algo que quisiera cambiar?

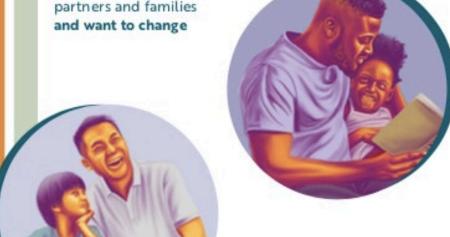
La violencia contra las mujeres nos afecta a todos y todas, incluyendo a sus hijas e hijos. Los niños y las niñas no olvidarán la violencia que han presenciado o escuchado. Renuncie a su abuso de una vez y empiece a cambiar la manera en que lo recordarán. Usted decide.

www.nomasabuso.org

Family Violence Prevention Fund

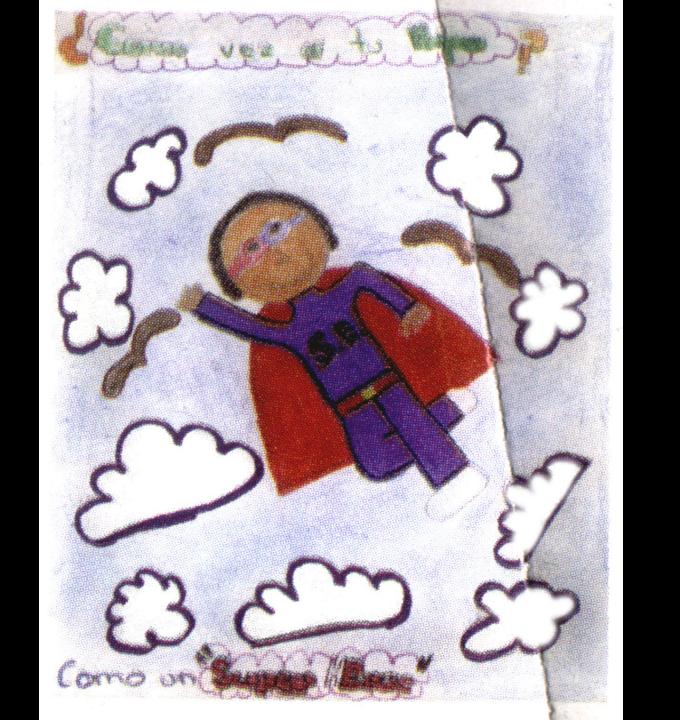
## YOUR KIDS TO REMEMBER YOU?

A workbook for fathers who have harmed their partners and families and want to change





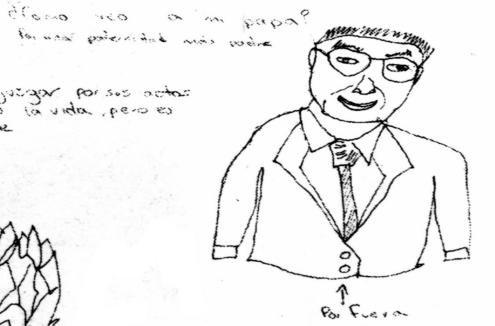






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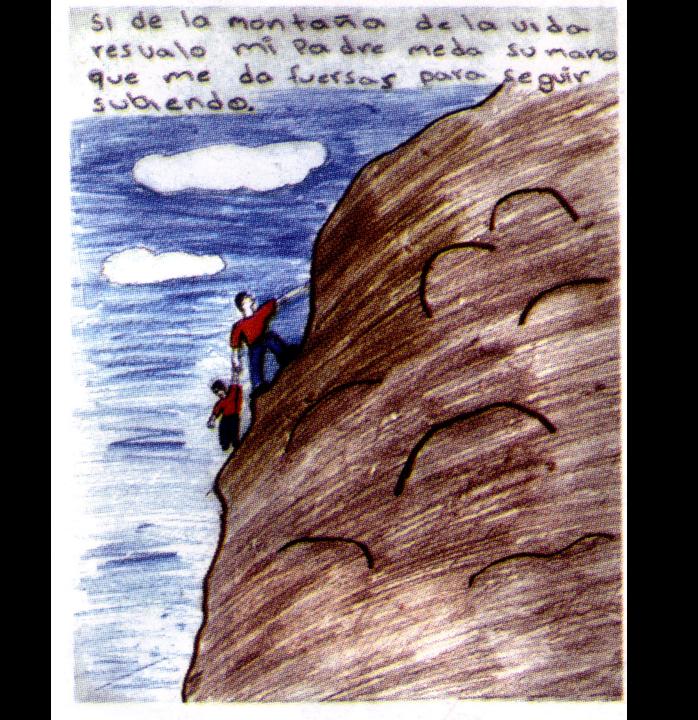




Por fuera

L- Par dentro

Por dentro





#### **THANK YOU!**

www.futureswithoutviolence.org

jcarean@futureswithoutviolence.org





### Roman Reigns: Teapot

Fatherhood.gov



+

## A FRAMEWORK FOR IMPROVING INDIVIDUAL AND SYSTEM SUPPORTS FOR REENTERING DADS

Barriers and Struggles of fathers transitioning back into their children and families lives

- Opportunities for improving this experience for families
- Dads with lived experience tell their stories
- Professionals who walk beside them will share their learnings

#### -

### MEET OUR DADS...



**James Chambers** 

Formerly incarcerate father of 3 grandfather, and activist.



Rudy Romo

Formerly incarcerated husband, father of 5, and advocate.



## MEET OUR PROFESSIONALS...





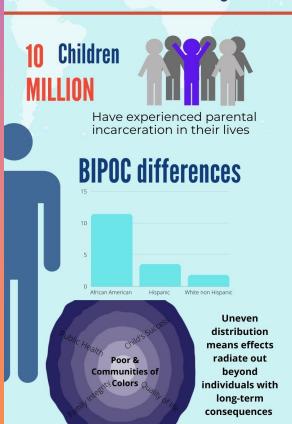


Darin Goff
Program Manager
WA Dept of
Corrections

Bruce Wood
Corrections Specialist,
WA Dept. of Corrections

Tera McElravy
Corrections Specialist,
WA Dept. of Corrections

# CHILDREN OF INCARCERATED PARENTS in Our Country





Incarcerated parents lose their parental rights at a disproportionate rate



40-55% of fathers had a minor child living with them before incarceration



15-20% of children entering child welfare have incarcerated parents

## CHILDREN AND FAMILIES FACTS: NATIONAL PICTURE

Rutgers University, Children and families of the Incarcerated Fact Sheet, 2104

## Vital Areas of Reentry...

A Framework for Improving Individual and System Supports for Reentering Dads

- ➤\* Stable, safe housing
- \* Employment
- \* Stress-free transportation
- \* Responsibility for others
- \* Establish routines and schedules

- \* Heal and support family bonds
- \* Surround self with positive influences, mentors
- \* Avoid negative influences
- \* Healthy use of idle time
- \* Learn positive selfadvocacy skills

- \* Realize much has changed
- \* Think ahead on difficult situations, have a plan
- \* Healthy coping strategies and emotion regulation
- \* Evaluate needs and wants
- \* Expect negative labels

- \* Competing priorities
- \* Over programming/ meetings
- \* Unrealistic deadlines
- \* Distrust of supporting staff/agencies
- \* Mandatory fees/ deductions

- \* Believe you can do it and deserve it
- \* Fight feelings of powerlessness
- \* It will take time to become comfortable with new behaviors and attitudes
- \* Expect others will want to derail you

Structure & Stability

Positive Family & Community Connections

Realistic Expectations- Fight Disappointment Justice Responsibilities

Embrace the Idea of a New Life

Help develop coping & problem-solving skills.

#### OPPORTUNITIES FOR SYSTEM IMPROVEMENTS

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Help establish stable housing, Livable wage, Stress-free transportation

What role do we each play?

How do each of us relate to reentry dads?

Do we assume they want to be part of their child's life?

Assistance with family and community bonding prior to and after release.

Ensure motivating, supportive relationship with justice officials and support agencies.

#### Thanks for coming today!!





#### "Dadvertising"

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